

Role Description

Role Title:	Clinician	Effective Date:	
Incumbent:	TBA	Section:	
Reports to:	Director of Care Services	Team:	Psychological Wellness Team – Care Services
No of Direct Reports:	Nil	Total Employees:	40
Location:	Youth Resource and Administration Centre, Richmond VIC 3121	Further Detail:	4 days per week position comprising: – Direct clinical work Research/report writing

Context

Organisational Context

The Lighthouse Foundation operates clinical services to improve the lives of young people, children and babies who have been affected by complex trauma and are experiencing or likely to experience youth homelessness. Our multidisciplinary team utilises reflective practice and psychodynamic principles to support young people in developing their capacity for meaningful, independent living.

The program provides a holistic environment with 24/7 practical and emotional support in 10 homes across Victoria. Therapeutic carers and young people are supported by a multidisciplinary clinical team based at the Youth Resource and Administration Centre where we provide art; drama; EMDR; and psychodynamic therapy; as well as case management, training and clinical supervision.

Primary Purpose

The role will be expected to provide clinical support to Lighthouse young people and staff, specifically, providing psychotherapy, psychological assessments and reports, attending care team meetings, therapeutic and psycho-educational group programs; and consulting on the development and maintenance of Young People's individual and group programs. This role will also require the clinician to devote up to one day per week to producing detailed case studies, reports/papers and research.

Accountabilities

Clinical Consultation

- Consultation with internal and external care team members to develop and support young people's therapeutic journey
- Involvement in the development and implementation of clinical care protocols and therapeutic interventions
- Support work on policy initiatives for therapeutic crisis management, care planning and adherence to the Lighthouse philosophy and principles
- Application and documentation of psychometrics for research and treatment purposes
- Provision of clinical supervision and debriefing to care staff members as required
- To deliver training as part of the Lighthouse Professional Development Program as required
- Maintain links with external health care professionals and outsource relevant psychotherapeutic services/individuals as required

Assessment

- To conduct psychological assessments of young people, volunteers and staff
- In consultation with the Director of Care, to develop and amend, current assessment tools and processes
- Periodic psychometric assessments of young people for recovery progress reviews
- Development and administration of individual development plans for young people

Psychotherapy and Therapeutic Group Processes

- To provide in-house counselling/psycho-therapy to Lighthouse young people as required
- Participate in the development and facilitation of psycho-therapeutic and psycho-educational group programs for young people and carers
- Facilitate therapeutic group processes for young people, carers and other members of the Lighthouse Community

On Call Duties

- The role may require after hours work at times as per the therapeutic needs of the Lighthouse Community
- The role will require participation in a Rostered After Hours On Call System

Research/Reports

- The role will require, up to one day per week devoted to producing detailed case studies, reports/papers and research

Other Duties as Directed by the Clinical Care Manager in consultation with Director Care Services

Problem Solving

To work closely with all Lighthouse stakeholders, particularly the Director of Care Services, Psychological Wellness and Care teams to ensure that the best practice principles are adhered to in the therapeutic care of Lighthouse young people.

Key Relationships

- The Clinician reports directly to Director of Care Services
- The Clinician is part of the Psychological Wellness and Care Team
- Strong relationships with all Lighthouse stakeholders including Direct and Indirect Care staff, Volunteers, Community Committees and other stakeholders

Internal / External Impacts and Relationships

The Clinician is required to role model the values of Lighthouse Foundation and the Therapeutic Family Model of Care which include Respect, Courage and Kindness.

Education and Qualifications

College/University Education:	<ul style="list-style-type: none"> • Tertiary education in Psychology, Social Work or allied health profession • Training, supervision or personal therapy with a psychodynamic frame
Licenses/Certifications:	<ul style="list-style-type: none"> • Psychologists – Eligibility (or working towards) Membership of the Australian Psychological Society (MAPS) Desirable • Full registration with the Psychology Board of Australia • Social Workers - Eligibility for Membership of the Australian Association of Social Workers (AASW) • Allied Health Workers Eligibility for relevant board approved registration
Training:	<ul style="list-style-type: none"> • Psychodynamic Approaches • Attachment • Trauma Informed Practice

Relevant experience

- Experience working with youth and adolescents in a therapeutic setting
- Experience in counselling and/or psychotherapy with children, young people or families

Competencies - knowledge, skills, experience, behaviour, attitudes & attributes required to perform the role effectively

Knowledge of:

- Attachment Theory
- Trauma and trauma informed theory
- Psychodynamic and or Object Relations Theories (Desirable)
- Theory and skills in responding to the fluidity and patterns of child and adolescent development
- Psychological research methodologies and report writing

Demonstrated skills in:

- Suicide recognition, prevention and intervention
- Ability to assess level of risk surrounding decision and outcomes
- Group facilitation skills
- Program development skills
- Highly developed oral and written communication skills
- Psychological research implementation and reports

Interpersonal Skills

- A personal commitment to self-development
- A strong desire to engage in reflective practice with self
- A commitment to working through workplace conflict
- Proven relationship building and networking skills
- Ability to form meaningful relationships
- Genuine passion and flair for working with young people

Incumbent

Director of Care Services

Signed

Signed

Dated

Dated

Note

The requirements and responsibilities contained in this job description do not create a contract of employment and are not meant to be all-inclusive. They may be changed by the role manager during employment on an as required basis. Any significant or material changes need to be discussed and agreed by incumbent and manager before inclusion. The role description should be reviewed formally during the annual planning and performance assessment process.